

Shooting Stars Gymnastics is a boutique style gymnastic and tumbling experience in the heart of Far Hills, NJ. Our brand new, cutting-edge studio has state of the art equipment, designed just for the inner gymnast in every child!

Shooting Stars Gymnastics enables children to develop strength, poise and confidence in a safe, and positive environment. Top instructors quide and encourage students to reach their fullest potential in gymnastics training, allowing students to truly test their leadership skills, express themselves, and take risks!

Hitch a ride on the zip line, jump in the custom foam pit, and test your skills on our ninja warrior obstacle course! (Just to name a few features sure to be hit!)

The benefits of being a Shooting Star are truly endless!!

Join us on Fridays for two hours of supervised gymnastics including games, pizza, and more!

## ATTIRE FOR SALE

Purchase your Shooting Stars attire today and feel like a real gymnast! Inquire within.

### JANNIE

Transportation provided from school to class!

### CRAFY-A-CLASS

Gather a group of 4 friends and pick your very own day and time to hold a class!

# BIRTHDAD PARTIES

Let Shooting Stars host your special celebration! Book yours today - inquire within.



## PRE-SCHOOL PROGRAM

### MOMMO AND ME

With mommy by their side, toddlers gain spatial awareness, balance and self-expression! The use of fun music and developmental gymnastics equipment helps your little one further develop their motor skills. Thursday 9:30-10:15am

#### MINI STARS

3-4 YRS

Now on their own, children develop physical strength, muscle control, and listening skills. Exploring developmental gymnastics equipment helps your little one to develop body control.

Tuesday 11:30am-12:15pm

### JUNIOR STARS

4-5 YRS

By developing muscle strength, children develop coordination and imagination skills! Body control is further developed as students gain more confidence in trying new skills.

Wednesday 3:30-4:15pm Thursday 1:15-2:00pm



#### BALLEY/ CUMBLING

4-5 YRS

A specialty combo class for the young dancer! Introduction to rhythm, technique, and Ballet and Tap combinations Saturday 9:30-10:15am

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Monday 12:30-1:15pm 2-4 YRS Saturday 9:30-10:15am 2-3 YRS

#### DANCE FUSION

4-6 YRS

A high energy introduction to all styles of dance! This class will focus on Jazz, Hip Hop, Ballet, and Contemporary styles. Thursday 4:00-5:00pm

#### JAZZ/BALLEY 142

3-4 YRS

This extended class will focus on both Jazz and Ballet choreography, rhythms and technique. A fun way to jump into two fundamental styles of dance! Monday 6:00-7:30pm 10-12 YRS 7-9 YRS

Thursday 5:00-6:30pm

### (AD 142

This class teaches rhythm, coordination, terminology, and tap choreography. Tuesday 4:00-5:00pm 8-12 YRS Tuesday 6:00-7:00pm 13+ YRS

#### DANCE INTENSIVE

By invitation only, students will be exposed to the highest level of dance technique offered at AP.

Tuesday 7:00-8:00pm 13+ YRS

# Gpmnastics Classes

SHOOTING STARS LEVEL 1

Through confidence, students gain the courage to test skills and develop beginner gymnastics skills

Tuesday 4:00-5:00pm Thursday 5:00-6:00am Saturday 10:30-11:30am

SHOOTING STARS LEVEL 2

6-7 YRS

Flexibility, strength, and coordination are used throughout class as students continue to learn fundamental skills

Monday 4:00-5:00pm Wednesday 4:30-5:30pm Saturday 11:30-12:30pm

Shooying Syars Level 3

Continuing to build on skills previously learned, students increase proficiency in gymnastics skills as well as grace, agility and confidence

Wednesday 5:30-6:30pm Thursday 3:45-4:45pm Thursday 6:00-7:00pm

SHOOTING STARS LEVEL 4

By combining grace, precision, and strength, students in our highest level work to their fullest potential in achieving advanced skills

Monday 6:30-7:30pm Tuesday 7:00-8:00pm Thursday 7:00-8:00pm

# Specially Classes

This invitation-only class challenges students to their highest potential, with a strong focus on skill, strength, and conditioning building.

Tuesdays 5:00-6:15pm 7-9 YRS Tuesdays 5:45-7:00pm Level II 10+ YRS

CHEER DANCE

Combine cheer motions, tumbling skills, beginner stunts and jumps in this high-energy class!

Friday 3:45-5:00pm

# Bops ONLP

Ninja (DARRIERS (Au Beps)

By combining intricate obstacles and gymnastics skills, students test their inner ninja strength and focus!

Monday 5:00-5:45pm 4-6 YRS Monday 5:45-6:30pm 7-10 YRS Saturday 12:30am-1:15pm

# PRIVATE LESSONS

Work one on one with a top instructor to further your training and skill development. Inquire within! 30 min./60 min. lessons (Lessons are booked in packages of 10)

Registration fee applies